

Canaan Fair Trade Insiders Tour November 1-5, 2011

Day 1 Tuesday 01 November Ramallah – Nablus – Sabastiya - Nus Jbail

Meet in Ramallah and board vans with CFT drivers and guides for exploration of olive country and the PFTA cooperatives. First, stop in Taybeh to tour the brewery, and then on to the ancient city of Nablus. Visit the old market, a centuries old public bath still in use, spice mills, nut roasters, tahini mill. Lunch in a traditional market restaurant. That afternoon, visit the largest Roman ruins in Palestine, in Sabastiya village in the middle of olive country. Then join farm families in their fields as they pick this year's harvest, and join the village at the olive press at night. Nus Jbail is one of our smallest cooperative communities, but their hospitality is enormous. *Dinner and overnight farmer stay in Nus Jbail. Breakfast with farm families.*

Day 2 Wednesday 02 November Nus Jbail – Jenin - PFTA villages

Full day with Palestine Fair Trade Association: Meet PFTA Board and staff in headquarters in a historic building in old city of Jenin, hear how small holders in Palestine earn USDA organic certification. Field tour of villages of Sir, 'Anza, Toura, Al'Araqa, and 'Anin with olive cooperatives, almond fields, women's cooperatives, beekeeping operations, farming cooperatives challenged by creeping settlements into their land. *Overnight farmer stay in PFTA cooperative village. Group dinner with farmers. Breakfast with farm families.*

Day 3 Thursday 03 November Picking day

Pick olives with a farm family. Share in the joy of the olive harvest. Breakfast with farm family, picnic lunch in the field under the olive trees, dinner. Get to know your farm family, sit and talk until after dark (no need for TV here!), go to the roof to cool off under the big Palestinian sky. Welcome to village life! *Overnight farmer stay in PFTA cooperative village. Lunch, dinner and breakfast with farm families. Morning van to Haddad Village resort, early check in before festival.*

Day 4 Friday 04 November Burqin - Olive Harvest Festival

Visit Canaan Fair Trade in olive country during the annual Olive Harvest Festival. Share in the celebration of the harvest with farmers and international visitors at the Canaan headquarters and fields. Complete olive industry tour: see olive oil press, bottling, olive oil storage, Artisan processing of organic food, and taste fresh olive oil straight from the press and traditional foods. Enjoy the traditional harvest meal served in the olive orchards. Folk dancing, singing and bonfires after dark. We will take time to visit the 4th oldest church in the world in Burqin village. *Harvest Festival Dinner at Canaan. Overnight at Haddad Village resort, breakfast included.*

Day 5 Saturday 05 November Jenin – Ramallah - Jerusalem

Day hike in Jenin area mountains with the founder of Canaan and the PFTA, spectacular views of the region and an anthropological guide to the landscape – discover the sociology of the land, and the intimate experience local inhabitants have with their land. Plant species identified with an overview of the area geography and history. Afternoon drive to Ramallah, where tour ends. We will facilitate group public transportation to Jerusalem, and hotel reservations for those requiring them. *Picnic lunch and discussion on top of the mountains. Hotel reservations in Jerusalem, or depart for airport.*

\$625 USD/person for 5 days, 4 nights, all activities, 2 meals a day and all transportation and guides. Reservations and payment by October 1, please. Contact diane@canaanfairtrade.com in the U.S., or vivien@canaanfairtrade.com in Palestine.